**Jan Bull, M.A., L.Ac (MD U-2587)**

**Jan Bull Acupuncture**

703-470-1358 itsjanbull@gmail.com [www.janbullacupuncture.com](http://www.janbullacupuncture.com)

March 18, 2022

I have always been drawn to alleviating suffering in the human condition. In my youth, I sought to bring harmony to the world as a violinist. In College I was an anthropology/psychology major seeking to understand what motivates us to do what we do. After graduate school, I was involved in improving health care quality and delivery. After having my children, I received Acupuncture to alleviate 30 years of sacroiliac pain. The joy was so great that I wanted to offer that gift forward as a light for hope to others. Daily, I am amazed by the power of this medicine not just for pain but for all realms of our emotional, physical and even spiritual being. I am committed to being a loving light for hope and to continuously learn the wisdoms and principles to guide individuals into alignment so they can experience health.

**PART ACUPUNCTURE PRACTICE and TRAINING**

| Qigong practitioner and online health consultingAcupuncturist, Mend Acupuncture, Baltimore, MD | March 2020- Present Jan 2019 --- Sept 2020 |
| --- | --- |
| Maryland University of Integrative Health  | Graduated, December 2018MUIH Community Awardee |
| Acupuncturist Detoxification Specialist  | 80 patient encounters |

**Speciality Training in Qigong**

* Deborah Davis, Qigong for women and sensuality/sexuality
* Roni Edlund, Spine and Back, Mar 5-7, 2021 online
* Lee Holden, Dao Yin QIgong, 30 hrs, Feb-Jun 2021
* Dr Jerry Alan Johnson, DOQ Feb-Jan 2021
* Daisy Lee Zang FU Gong for health, Shift Network, June 2020
* Daisy Lee Radiant Lotus for Women’s Health, Beginner and Advanced on the Shift Network, January 2020
* Lee Holden DVD series, Daoist Sexual Secrets Workshop; 30 hr yin Dao course 1/17/2021
* Andrew Sterman, 8 Brocades 6 hrs
* Dr Jerry Alan Johnson, 5 vol QIgong Theory; [PREVENTING AND TREATING BREAST DISEASE](https://drjerryalanjohnson.mykajabi.com/products/preventing-and-treating-breast-disease); Training Thought,Sound and Light 30 hrs
* Damo Mitchell, 2 year Nei Gong 2022, MUIH, Heavenly Streams Doaist Nei Gong, Nei Gong for Women
* Baimai Gigong, Dr. Hui Zhang
* Between Heaven and Earth: Qigong. John Munro
* Eight Extraordinary Channels, Qigong. David Twicken

**Speciality Training and Classes in Acupuncture and PDAs**

2021-2022 Total hrs: 38 PDA

* Tongue Diagnosis, Ann Cecil-Sterman Online: TBD
* Implicit Bias Training: [Kirwan Institute: Implicit Bias Training Modules (osu.edu)](http://kirwaninstitute.osu.edu/implicit-bias-training/) March 18, 2022
* Classical Chinese Herbal Medicine I, Jeffrey Yuen, 3/5/21-3/8/21, 24 PDA NCCAOM CEP 306
* Traumatic Stress Response, Orientation, Alaine Duncan, 1/23/2021, 1.5 PDAs NCCAOM 228610
* Classical Pulse Diagnosis, Ann Cecil-Sterman Online, 12.5 PDAs NCCAOM #215020 1/17/2021

2019-2020

* Face diagnosis, Lillian Bridges, 2 PDA 11/2020
* The [/8-extraordinary-vessels-impact-psycho-neuro-immunology](https://www.healthyseminars.com/course/8-extraordinary-vessels-impact-psycho-neuro-immunology), Yvonne Farrell, 5/30/2020 Online, Healthy Seminars, 6 CEU
* Acupuncture for Insomnia, Online course with Montakab, 2020
* Tongue Diagnosis, 2020

# Tao of Trauma in the time of Covid-19: Alaine Duncan, 5/27/2020

# Endometriosis: Western & Eastern Approaches, Chinese Medicine Diagnosis & Treatment, with Case Studies: Dr. Laurena White, MD, L.AC and Michael Pelusa, L.AC. October, 2019 Webinar

* Tao of Trauma: Restoring Coherence (Part III) (NCCAOM apprvd), Alaine Duncan. Sliver Spring 6/9-9, 2019 12PDA
* Tao of Trauma: Mobilizing a Response (Part II) (NCCAOM apprvd), Alaine Duncan. Sliver Spring 3/23-24, 2019 12PDA
* Tao of Trauma: Signaling Threat (Part I) (NCCAOM apprvd), Alaine Duncan. Sliver Spring 1/26-27 2019 12PDA
* Dynamic Pulses, Ann Cecil Sterman, Frederick, MD, November 3, 2018
* Dr. Tan Balance method, Tyme Gigliotti, 2/4/2018
* Acupuncture for Pain, Tyme Gigliotti, MUIH, May-August 2018
* Acupuncture for Women’s Health, Kaiya Larson, MUIH, May-August 2018
* Eight Extraordinary Vessels, Dolma Johanson, Frederick, 2017
* Eight Extraordinary Vessels, Columbia, MD, Jeffrey Yuen, 2018

**Presentations**

March 16, 2018: 2018 Annual Assembly of Hospice and Palliative Care, Boston, MA ([slides here](https://docs.wixstatic.com/ugd/a33492_b6fdaddb2f6c4a34a65f7f1aab401e5d.pptx?dn=AAHPM%20FINAL%20for%20Friday.pptx))

**PART II. Health care research & Information specialist**

### Research Analysis and Information Synthesis ■ Technical and Professional Writing ■ Data Analysis and Reporting ■ Project Coordination

**Summary of Professional Experience**

| * Lead Specialist, Competency Based Learning and Assessment, AAMC
 | January 2012 – July 2017 |
| --- | --- |
| * Research Faculty, Nursing Alliance for Quality Care, Robert Wood Johnson Foundation funded grant initiative, George Washington University
 |  January 2009 – Dec 2011 |
| * Associate Director, George Washington University Institute for Spirituality and Health, Grant funded
 | July 2008 - 2009 |
| * Administrative Director, The Center Dance Company
 |  February 2004 June 2008 |
| * President of Health Information Consulting, Inc. providing health information consulting on a variety of health information applications
 | 1994-2005 |
| * Senior Research Associate, American Health Care Assoc, DC
 | 1992-1994 |
| * Research Manager, Health Economics, Care Providers of MN
 |  1989-1991 |
| * Research Internship, Minnesota Department of Revenue
 | 1989 |
| * SAS Research Assistant on a labor economics study, University of Minnesota
 | 1987-1989 |
| * Technical Writer, Century Design, MN
 | 1987 |
| * Technical Writer/Systems Analyst, Creative Micro Systems, CA
 | 1984-1987 |

**Detailed Experience**

**Publications and Citations (**[**Also see Research Gate**](http://../../Users/patricia/AppData/Local/Temp/Technical%20report%3A%20Core%20Entrustable%20Professional%20Activities%20for%20Entering%20Residency%3A%20Toolkits%20for%20the%2013%20Core%20EPAs)**)**

* **Bull**, J (2017). Literature, Tools and Curricula Supporting the Core Entrustable Professional Activities Pilot Study: Working Document. Copyright AAMC. Accessed January 18, 2018 from <https://drive.google.com/open?id=0BxGdxLZGVpwHazgwTG5yckJrbTg>
* Obeso V, Brown D, Aiyer M, Barron B, **Bull** J, Carter T, Emery M, Gillespie C, Hormann M, Hyderi A, Lupi C, Schwartz M, Uthman M, Vasilevskis EE, Yingling S, Phillipi C, eds.; for Core EPAs for Entering Residency Pilot Program. Toolkits for the 13 Core Entrustable Professional Activities for Entering Residency . Washington, DC: Association of American Medical Colleges; 2017. aamc.org/initiatives/coreepas/publicationsandpresentations
* Lomis, K., Amiel, J., Ryan, M., Esposito, K., Green, M., Stagnaro-Green, A., **Bull, J.,** Mejicano, G. (2016) Implementing Entrustable Professional Activities in UME: Early Lessons from the AAMC Core EPAs for Entering Residency Pilot. Academic Medicine. (In progress. manuscript # AcadMed-D-16-00362R1)
* Brown, D., Warren, J., Hyderi, A., Drusin R., Moeller, J., Rosenfeld, M., Orlander, P., Yingling, S., Call, S., Terhune, K., **Bull, J**., Englander, R., Wagner, D. (2016) Finding a Path to Entrustment in Undergraduate Medical Education.  Academic Medicine.
* Bull J, [Blog post](http://icenetblog.royalcollege.ca/2015/10/22/iceicle-a-response-to-teachers-and-feedback/) to International Clinician Educators Network posting on Teachers and Feedback. October 22, 2015
* Bull J, Article Review and co-host presentation of [Developing and Successfully Implementing a Competency-Based Portfolio Assessment System in a Postgraduate Family Medicine Residency Program (Academic Medicine)](http://journals.lww.com/academicmedicine/Abstract/publishahead/Developing_and_Successfully_Implementing_a.98784.aspx) .Click [here](http://familymedicine.queensu.ca/assets/AAMC%20Recommendation.pdf) for Ms. Bull’s recommendation and summary of the article. October 23, 2014
* Englander, R., Cameron, T., Addams, A., **Bull, J.,** & Jacobs, J. (2015) Developing a Framework for Competency Assessment: Entrustable Professional Activities (EPAs. Retrieved from http://academicmedicineblog.org/developing-a-framework-for-competency-assessment-entrustable-professional-activities-epas/
* Englander, R., Cameron, T., Addams, A., **Bull, J**., & Jacobs, J. (2015). Understanding Competency-Based Medical Education. Retrieved from http://academicmedicineblog.org/understanding-competency-based-medical-education/
* Englander, R., Cameron, T., Ballard, A. J., Dodge, **J., Bull,** J., & Aschenbrener, C. A. (2013). Toward a Common Taxonomy of Competency Domains for the Health Professions and Competencies for Physicians. *Academic Medicine*, *88*(8), 1088–1094. http://doi.org/10.1097/ACM.0b013e31829a3b2b
* [Competency-based Medical Education: The Time Is Now](http://wingofzock.org/2012/09/25/competency-based-medical-education-the-time-is-now/), Englander R, **Bull J** and Aschenbrener CA. September 25, 2012. (AAMC blog: Wing of Zock)
* Making a Difference Video for the Nursing Alliance for Quality Care: drafted initial proposal; coordinated the production with Steege Thomson assisting also with the creative detail, and of the final product. Video at http://www.gwumc.edu/healthsci/departments/nursing/naqc/video.html.
* Davidson, J., Falk, N., Bull, J. (2011 in progress). Summary of Evidence, Family Participation in Rounds.
* Puchalski, C., Bull, J. & Ferrell, B. *New guidelines for incorporating spirituality in end-of-life care.* Retrieved 5/17/2010, 2010, from <http://www.liebertpub.com/prdetails.aspx?pr_id=747>
* Puchalski, C., Ferrell, B., Virani, R., Otis-Green, S., Baird, P., Bull, J., et al. (2009). Improving the quality of spiritual care as a dimension of palliative care: The report of the consensus conference. *Journal of Palliative Medicine, 12*(10), 885-904. doi:10.1089/jpm.2009.0142
* Carty R, O’Grady EO, Wichaikhum O, Bull JL. Opportunities in preparing global leaders in nursing. J Prof Nursing. 2002 Mar-Apr.
* Maddox PJ, Wakefield M, Bull. Patient safety and the need for professional and educational change. Nurs Outlook. 2001 Jan;49(1):8-13.
* Newsletters, brochures: Designed, and wrote newsletters and brochures for various organizations.
* Presentation Materials: Created various presentation materials for myself and clients including slides and overheads using presentation software.

**Presentations**

* Upcoming: March 15, 2019, Annual Assembly of Hospice and Palliative Care, Orlando, Floriday. Co-presenter on “ Promoting Resilience and Longevity in Palliative Medicine: A Focus on Being Well while Being Productive 1:30 pm - 2:30 pm
* March 16, 2018: Co-Presenter. “Wellness” 2018 Annual Assembly of Hospice and Palliative Care, Boston, MA ([slides here](https://docs.wixstatic.com/ugd/a33492_b6fdaddb2f6c4a34a65f7f1aab401e5d.pptx?dn=AAHPM%20FINAL%20for%20Friday.pptx))
* AAMC Brown Bag Lunch Seminar: The Top 10 Significant Medical Education Articles in 2014
* AAMC Brown Bag Lunch Seminar: Thinking Differently about Patient-care: What are “effective” Outcomes? December, 2, 2014.
* International Conference Resident Education, [KeyLIME Podcast #73](http://keylimepodcast.royalcollege.ca/tag/jan-bull/):[*Reconceptualizing Variable Rater Assessments as both an Educational and Clinical Care Problem by Kogan*](http://www.royalcollege.ca/_podcasts/canmeds/keylime/KeyLIME_Podcast_Trainee_Assessment_Patient-care_should_be_focal_point_73.mp3) (October 24, 2014).
* International Conference Resident Education, KeyLIME Podcast #74:[Web-based feedback after summative assessment](http://www.royalcollege.ca/_podcasts/canmeds/keylime/KeyLIME_Podcast_Web-based_feedback_after_summative_assessment_74.mp3) by Harrison. (October 24, 2014).
* AAMC Brown Bag Lunch seminar: *Top Medical Education Literature for 2013.*
* *How to do Online Health Care Policy Research* for the 2000 Annual Health Policy Institute, George Mason University
* *How to Successfully Develop Data and Research Capabilities for the Nursing Home Profession* at the Association of State Health Care Association Executives

**Other Achievements And Awards**

* Maryland University of Maryland, Community Service Award for Leadership and Service, 2019
* Lloyd M. Short Masters Thesis Award for econometric study “Employer Tactics under Threat of Unionization”, Humphrey Institute, University of Minnesota, 1989
* Super Randonneur, 2010 (completion of 12 200K bike rides, 300K, 400K and 600K)
* 1st place 2009, 2010 DC Randonneur Photo Contest
* 3rd place, Fencing, Junior Olympics, 1976
* Fencing Captain and Scholar Athlete, Ohio State University, 1976-79

**courses and Certificates**

* Current Masters of Acupuncture student, Maryland University of Integrative Health, MD
* National Acupuncture Detoxification Specialist Certification, 2016.
* International Conference on Resident Education, Toronto, October 24, 2014: 7.4 CME
* George Washington University, Human Research Curriculum Course, CITI Certification May 18, 2011
* Nurse-led Medical Homes: Increasing Access to Quality Care Symposium, April 5, 2011
* NIH Online Plain Language Writing, Training, September 2010
* Plexus Institute Workshop on Positive Deviance, August 2010 (3 CEUs)
* George Washington University, Medical Ethnography (Anthro 117), Spring 2010
* George Washington Summer Institute for Spirituality and Healthcare, July 6-10, 2009. AMA PRA 1 credit (33 hrs)
* SAS-Multivariate Statistical Methods and Practical Applications, and SAS Programming

**Computer Skills**

* Wix webpage builder, MS Office (Word, Publisher, PowerPoint, Excel, Access, Visio); Reference managers (EndNote, Refworks, Zotero); Databases (ACT!, Lotus 123, Paradox); Web Design (Dreamweaver); Time Management (Franklin Covey); Statistical Analysis (SAS, SPSS); online tools (Constant Contact for e-mail, MeetingWizard)

**Education**

* M. Ac., Masters of Acupuncture, 2019 Candidate
* **M.A.**, Humphrey Institute of Public Affairs, UNIVERSITY OF MINNESOTA (Policy Analysis, Statistics, Econometrics, and Economic Theory), 1989. GPA=3.86
* **B.A.**, Anthropology/Psychology, OHIO STATE UNIVERSITY, 1979

# **Volunteer WorK**

* Volunteer, Therapeutic Riding, Baltimore City Ranch 2018-Present
* Co-chair, Healthy Dancer Task Force, Canada’s National Ballet School 2011-2018
* Coordinator, Group Acupuncture Clinic for Medical Students Spring 2011
* House Manger, BalletNova, Fairfax VA (Ballet School) 2008-2012
* Soccer coach 1997-2005
* Foreign Language Advisory Committee member, Arlington, VA 2004
* Elementary school, Enrichment program teacher 2000-2001
* Key Elementary School, Safety Audit & Parent Directory, Arlington, VA 1997
* Emergency Department, and Women’s Health Wing, Arlington Hospital, VA 1995-1996
* Co-Chair, Advisory Board, Clarendon Child Development Center, VA 1995
* Mentor to women obtaining their GED, Catholic Charities 1992